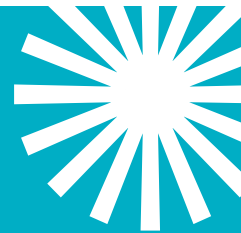


Enabling Minds



On your mark! Get set ...

Mental Health Accessibility Training for Physical Activity Providers

As a worker or volunteer in the world of physical activity, you can remove barriers to physical activity programs for people with mental health disabilities. You can also help to create a supportive and inclusive environment that promotes positive mental health for everyone.

Who should take this online training?

- * Providers of physical activity or recreation services
- * Fitness instructors and coaches
- * Front desk and communications staff
- * Volunteers and students
- * Managers

Learn more at www.enablingminds.ca

Coming soon! Sign up online to be notified when the training is launched.

Enabling Minds is an initiative of the Canadian Mental Health Association, Ontario Division, in partnership with YMCA Ontario and Parks and Recreation Ontario, with support from the Government of Ontario

