

Treasurer's Report 2005/2006 Fiscal Year

Treasurer's Report

The results for the fiscal year ended March 31, 2006 illustrate the Board of Directors' commitment to ensuring that the organization is operated on a fiscally responsible basis. The deficiency of revenue over expenses was significantly reduced compared to the 2005 results and was less than that budgeted.

Restructuring during the year was implemented with the goal of achieving balanced results in the future, thus ensuring the long-term viability of the association. Specifically, structural changes in the fundraising area will result in more positive contributions in 2006/2007 and future years.

A number of Ministry of Health and Long-Term Care special projects were undertaken for which we received administration fees of \$32,900. This assisted in underwriting our core operations and allowed the ministry to conduct important projects in the mental health sector.

The ongoing Mental Health Works program achieved a surplus of \$7,985. It is encouraging that this program is self-sustaining based on its own operations and funds received from various donors specifically designated to this program.

Board of Directors 2005/2006

PRESIDENT, Judith Watson
PAST PRESIDENT, Neil McGregor
VICE-PRESIDENT, Albert "Butch" McMillan
TREASURER, John Thompson
BRANCH FORUM CHAIRPERSON, Russel DeCou
PROVINCIAL DIRECTOR, Susan Adams
PROVINCIAL DIRECTOR, Julie Bulmash
PROVINCIAL DIRECTOR, Irene Cant
PROVINCIAL DIRECTOR, Judy Coulman
PROVINCIAL DIRECTOR, Fran Edwards
PROVINCIAL DIRECTOR, James Evans
PROVINCIAL DIRECTOR, Donald Jones
PROVINCIAL DIRECTOR, Joan Jones
PROVINCIAL DIRECTOR, Roger Miller
PROVINCIAL DIRECTOR, Dorothy Munro
PROVINCIAL DIRECTOR, Derek Rowsell
PROVINCIAL DIRECTOR, Ronald Wyborn

Financial Statements

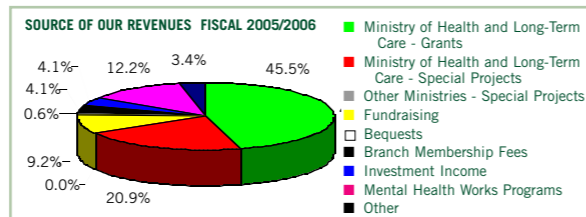
Statement of Revenue and Expenses Year ended March 31, 2006

| | 2006 | 2005 |
|--|------------------|------------------|
| REVENUE | | |
| Ministry of Health and Long-Term Care - Grants | \$1,645,245 | \$1,675,581 |
| Ministry of Health and Long-Term Care - Special projects | 756,857 | 94,290 |
| Other Ministries - Special projects | - | 95,493 |
| Fundraising | 331,594 | 467,142 |
| Bequests | 20,400 | 138,568 |
| Branch membership fees | 149,750 | 150,250 |
| Investment income | 147,580 | 29,478 |
| Mental Health Works programs | 442,587 | 254,482 |
| Other | 121,533 | 82,605 |
| | 3,615,546 | 2,987,889 |
| EXPENSES | | |
| Knowledge Centre | 1,336,702 | 1,339,244 |
| Communications and marketing | 152,350 | 176,199 |
| Management, operations and support services | 343,204 | 472,198 |
| Annual conference | 57,213 | 75,205 |
| Volunteer support | 77,522 | 104,627 |
| National office support | 88,463 | 88,463 |
| Mental Health Works programs | 434,602 | 255,434 |
| Mental health education & capacity building projects | 756,857 | 189,783 |
| Amortization of capital assets | 35,330 | 41,600 |
| Revenue share program | 19,791 | 37,382 |
| Loss on disposal of capital assets | 6,261 | - |
| Fundraising | 329,754 | 461,575 |
| | 3,638,049 | 3,241,710 |

(DEFICIENCY) EXCESS OF REVENUE

OVER EXPENSES \$(22,503) \$(253,821)

Copies of the audited financial statement for fiscal year ended March 31, 2006 are available upon request to info@ontario.cmha.ca

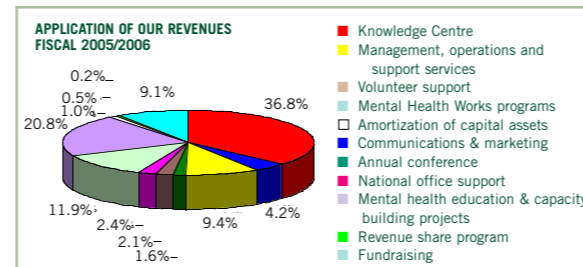


Financial Statements

Statement of Financial Position March 31, 2006

| | 2006 | 2005 |
|---|--------------------|--------------------|
| ASSETS | | |
| CURRENT | | |
| Cash | \$101,911 | \$440,085 |
| Short-term investments (market value \$1,696,295; 2005 - \$836,551) | 1,669,989 | 726,164 |
| Accounts receivable | 116,879 | 126,954 |
| Prepaid expenses | 7,271 | 30,128 |
| | 1,896,050 | 1,323,331 |
| CAPITAL ASSETS | | |
| | 96,871 | 121,888 |
| TOTAL ASSETS | \$1,992,921 | \$1,445,219 |
| LIABILITIES | | |
| CURRENT | | |
| Accounts payable and accrued charges | \$270,714 | \$292,537 |
| Due to Government of Ontario | 3,122 | 2,163 |
| | 273,836 | 294,700 |
| DEFERRED CONTRIBUTIONS | | |
| | 982,201 | 391,132 |
| TOTAL LIABILITIES | 1,256,037 | 685,832 |
| NET ASSETS | | |
| INVESTED IN CAPITAL ASSETS | 96,871 | 121,888 |
| INTERNALLY RESTRICTED | 458,953 | 458,953 |
| UNRESTRICTED | | |
| | 181,060 | 178,546 |
| TOTAL NET ASSETS | 736,884 | 759,387 |
| TOTAL LIABILITIES AND NET ASSETS | | |
| | \$1,992,921 | \$1,445,219 |

Copies of the audited financial statement for fiscal year ended March 31, 2006 are available upon request to info@ontario.cmha.ca



CMHA Across the Province

Community mental health care encompasses a wide variety of programs and services designed to meet individual and local needs. These programs are delivered by CMHA branches and include case management, crisis services, supportive housing, court diversion and employment supports.

Barrie-Simcoe Branch
705-726-5033
www.cmhasim.on.ca

Brant County Branch
519-752-2998
www.cmhabrant.on.ca

Chatham-Kent County Branch
519-436-6100
www.cmhaket.com

Cochrane Timiskaming Branch
705-267-8100
www.cmhact.ca

Durham Region Branch
905-436-8760
www.cmhadurham.org

Elgin County Branch
519-633-1781
www.cmhaelgin.ca

Fort Frances Branch
807-274-2347
www.cmhafortfrances.com

Grey Bruce Branch
519-371-3642
www.cmhagb.org

Haldimand and Norfolk Branch
519-426-8211/905-774-2800
www.hnmentalhealth.com

Halton Region Branch
905-693-4270
www.cmha-halton.ca

Hamilton Branch
905-521-0090
www.cmhahamilton.on.ca

Hastings & Prince Edward Counties Branch
613-969-8874
www.hastings-cmha.org

Huron-Perth Branch
519-273-1391
www.cmha-hp.on.ca

Kingston Branch
613-549-7027
www.kingston.org/cmha

Lambton County Branch
519-337-5411
www.cmhalambton.org

Leeds-Grenville Branch
613-345-0950
www.cmha-lg.ca

London-Middlesex Branch
519-434-9191
www.london.cmha.ca

Niagara Branch
905-641-5222
www.cmhaniagara.ca

Nipissing Regional Branch
705-474-1299
www.cmhanipissing.on.ca

Ottawa Branch
613-737-7791
www.cmhaottawa.ca

Oxford County Branch
905-539-8055
www.cmhaoxford.on.ca

Peel Branch
905-451-2123
www.cmhapeel.ca

Peterborough Branch
705-748-6711
www.peterborough.cmha.on.ca

Sault Ste. Marie Branch
705-759-0458
www.cmhassm.com

SDG Prescott-Russell Branch
613-933-5845
www.cmha-east.on.ca

Sudbury Branch
705-675-7252
www.cmha.sudbury.on.ca

Thunder Bay Branch
807-345-5564
www.cmha-tb.on.ca

Toronto Branch
416-789-7957
www.toronto.cmha.ca

Victoria County Branch
705-328-2704

Waterloo Regional Branch
519-766-4450
www.cmhawrb.on.ca

Wellington-Dufferin Branch
519-766-4450
www.cmhawdb.on.ca

Windsor-Essex County Branch
519-255-7440
www.cmha-wecb.on.ca

York Region Branch
905-841-3977
www.cmha-yr.on.ca

Canadian Mental Health Association, Ontario

www.ontario.cmha.ca

Message from the Board President

2005/2006 in Review



Perhaps this last year can best be described as “setting the stage” both from an organization and health care system perspective.



Here at CMHA, Ontario, we fine-tuned our strategic plan to focus on knowledge transfer, branch capacity and policy development. We then restructured our organization to complement these directions.

Over the past couple of years our main focus has been the Transformation Agenda in Ontario, specifically, supporting our branches to remain strong and vibrant throughout the process and beyond. An enabler to help us to achieve this has been our strategic partnership with the Ontario Federation of Community Mental Health and Addiction Programs and with the Centre for Addiction and Mental Health. This partnership has played a critical role in helping us to keep mental health and addictions in the forefront for the Ministry of Health and Long-Term Care as the health system is changed.

A primary component of the Transformation, the establishment of Local Health Integration Networks (LHINs), moved to another level this year with the appointment of the first members of the boards and the hiring of the CEOs. These fourteen organizations are ramping up in the province supported by the foundation legislation Bill 36, which was introduced into the legislature in November 2005.

It has been said that the only thing that remains constant in the health care environment is change and we here at CMHA, Ontario can attest to this. We would like to take this opportunity to thank our consumers, families, volunteers, branches and donors who support the work we do to position mental health in the transformed system and to ultimately reduce stigma and create a mentally healthy society within our province.

Stay tuned. We believe the change in the health system in Ontario is at least a play in three acts and we have just begun Act One.

Judith A. Watson

Judith Watson
PRESIDENT, BOARD OF DIRECTORS, CMHA, ONTARIO

Mental Health Works

It has been another award-winning year for the Mental Health Works program (www.mentalhealthworks.ca). The self-guided interactive CD “Working It Out” was awarded the 2005 Canadian Society for Training and Development Award for Training Excellence. We developed several new train-the-trainer workshops and presentations for CMHA branches across Ontario in partnership with CMHA Divisions in British Columbia, P.E.I., New Brunswick and Nova Scotia.

Our return-to-work and accommodation consulting services were expanded, which help employers successfully assist employees with mental health issues to maintain productive and meaningful work. Our “Complex Issues Clear Solutions” workshop was translated into French, and there is a French-language version of “Working It Out” in development. The response to Mental Health Works from the business community has been overwhelmingly positive and we hope to continue our mission of “improving working lives” for both people with mental health issues and their colleagues.

Policy and Public Issues

A central focus for our policy work continues to be provincial health care reform. As Ontario devolves the planning, funding and monitoring of health system performance to the local level through Local Health Integration Networks (LHINs), we continue to encourage the government to maintain its momentum in mental health reform. We are perceived as a credible voice on mental health and mental illness, and policy-makers and other provincial decision-makers regularly seek our advice. We are pleased with the progress made through service enhancements for persons with serious mental illness, however, more investment in service delivery and related supports still needs to occur.

mental health WORKS

We developed a position paper with sector partners, “A Strong Provincial Voice for the Addictions and Mental Health Sector,” that recommends the mental health and addiction sector move forward with a formalized network structure. Mental health and addiction services are undergoing significant evolution and this requires strong leadership from the field to continue to develop.

In addition, we prepared a number of policy-related papers, including a pre-budget submission, responded to a review of the Ontario Drug Benefit Act, and participated in consultations on whether psychotherapists should be a regulated profession. We also directed our attention to mental health promotion. Currently, we are collaborating with other organizations in the preparation of a report on families as caregivers and their needs as an integral part of the mental health system.

Knowledge Transfer

Through our website (www.ontario.cmha.ca), weekly e-mail newsletter Mental Health Notes and *Network* magazine, we are keeping consumers, family members, health service providers and the public informed about developments in mental health, mental illness and health care reform. We published a series of fact sheets on seniors’ mental health, mothers with mental illness, violence and trauma in women’s lives, achieving balance between life and work, and finding and choosing treatment.

To support the growth of new programs, CMHA, Ontario organized training for more than 140 Mental Health Court Support Workers. We also developed a Community Mental Health and Addictions Privacy Toolkit (www.privacytoolkit.ca) to support community-based service providers in meeting the requirements of the Personal Health Information Protection Act (PHIPA).

CMHA, Ontario continues to respond directly to hundreds of e-mail and phone requests each year for information about mental illness and the mental health system in Ontario. Educating the public and reducing stigma and discrimination are among our top priorities.

Branch Capacity

This year one of our strategic directions was Branch Capacity. Over the last couple of years the McGuinty government has made significant investment in the community mental health sector and many of our branches have been the recipients of this investment. In addition to communicating best practices on programs to our branches and facilitating discussion groups and forums, we focused on supporting leadership and governance capacity. We are in the final stages of collating the needs assessment in this area and the response to the identified needs will continue into our next fiscal year.

Our branches have also told us that they want us to keep them advised about the Transformation Agenda and to offer advice and support as they position themselves in a changing system. We developed a number of mechanisms to carry this out including visits to all 33 of our branches by our CEO and the 2005 Making Gains in Mental Health and Addictions conference, which focused on the Transformation Agenda. Our thrice yearly meetings with our Branch Presidents and Executive Directors have had this issue as a standing agenda item. On a go forward basis we will continue to assist our branches as they position mental health in each of their Local Health Integration Networks.

Fundraising

We are grateful to all our donors for their support over the past year. Much of the work we do would not be possible without their continued support. While gross fundraising revenues, excluding bequests, totalled \$331,594, our net contribution from fundraising did not meet expectations. As a result, in December 2005 it was decided to discontinue our major gift program and to focus our fundraising resources exclusively on direct marketing activities. Accordingly, in January 2006 the fundraising department was restructured,

which will result in annual cost savings of approximately \$170,000. Therefore, given the restructuring cost savings and our continued direct marketing success, we are confident that contributions generated through our fundraising efforts will increase significantly in the coming years. Visit www@ontario.cmha.ca/donate.

CMHA, Ontario Achievement Awards



Each year, through seven achievement awards, CMHA, Ontario recognizes the invaluable contributions of consumers, volunteers, staff and organizations across Ontario to furthering the mission and values of CMHA, Ontario.

In 2005, CMHA, Ontario Achievement Award recipients were (from left to right):

WORK AND WELL-BEING AWARD – Town of Caledon (accepted by Sandy Milakovic)

OUTSTANDING STAFF AWARD – Helen Gemmell, CMHA, Peel Branch

CONSUMER PARTICIPATION AWARD – Robert Gauthier, CMHA, Sudbury Branch

OUTSTANDING VOLUNTEER SERVICE AWARD – Ronald C.E. Dabor, CMHA, Peel Branch

SPECIAL RECOGNITION AWARD – June Rickard, CMHA, Ontario

MEDIA AWARD – Skyworks Charitable Foundation (accepted by Laura Sky)

SPECIAL CONTRIBUTION IN MEDIA COVERAGE – Carol Goar, Toronto Star