



**Canadian Mental
Health Association**
Halton Region Branch
Mental health for all

Real Stories, Real Hope

An evening of community, wellness,
recovery, and inspiration



Michael Landsberg, Host of TSN's *Off the Record*

June 24, 2014
5:30 pm to 8:30 pm

Hors d'oeuvres: 5:30 pm
Panel discussion: 6:30 pm

**Oakville Conference
and Banquet Centre**

2515 Wycroft Road, Oakville


RSVP by June 18

[https://www.eventbrite.com/
e/real-stories-real-hope-
tickets-11660788733](https://www.eventbrite.com/e/real-stories-real-hope-tickets-11660788733)

Featuring a panel of individuals who have lived experience with mental health and/or addiction concerns moderated by Michael Landsberg, Host of TSN's *Off the Record*. Michael will share the story of his own lived experience with mental illness and show that recovery, strength, and hope are possible in the darkest of times.

Please call (905) 693-4270
for more information.

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