

FINDING A BALANCE

Supporting Self-Regulation, Mental Health and Executive Functioning for individuals with FASD

Offered in partnership with the Halton & Hamilton FASD Collaboratives

SAVE THE DATE & RESERVE YOUR SPOT!

NEW DATE: October 29th, 2020

TIME: 9am-4pm

LOCATION: Oakville Conference & Banquet Centre

Due to current COVID-19 social gathering restrictions, registration will open for this event as soon as we have confirmation we can proceed.

People who reserve their spot now will have early bird access to secure their attendance with payment once registration opens.

To reserve your spot please go to rockevents.ca



Key Note Speaker: Dr. Jacqueline Pei (R. Psych., PhD)

Dr. Pei is a Professor in the Department of Educational Psychology and Assistant Clinical Professor in the Department of Pediatrics at the University of Alberta. Also a practicing Registered Psychologist for the past 18 years, Dr. Pei began her career as a criminologist and forensic counselor working with incarcerated youth. Motivated by this early work, she returned to academia to study youth at risk, child development, and neuropsychology. Her current focus includes identification and evaluation of interventions for individuals with Fetal Alcohol Spectrum Disorders. Dr. Pei has over 75 peer reviewed publications, but places the greatest value on her work with various community and government agencies. To this end, Dr. Pei currently leads the Intervention Network Action Team (iNAT) for the Canada FASD Research Network, a role that facilitates the link between research, policy, and practice.



Guest Speaker: Reinier deSmit

"After years of mis-diagnosis and a cornucopia of failed solutions, I was blessed with a "Rosetta Stone" diagnosis: Fetal Alcohol Spectrum Disorder. At 56 years of age, the lens of FASD helped me start understanding so much of my, at times, extremely frustrating life's journey. I was finally ALIGNING with who I really was. Instead of taking this as bad news, I became excited about learning how I could take authentic control of my own life finally."



Guest Speaker: Cindy Male

Cindy and her husband Anthony are an adoptive family. She has three children 17, 19 and 21, who all have a diagnosis under the FASD umbrella. Each of her children have very unique strengths and challenges. One of her children struggles with mental health challenges. Cindy has recently retired from a 29 year career as a Youth Justice Trainer with the Ministry of Children and Youth. FASD was a significant part of her training portfolio across the province. She is excited to share her FASD experiences.